

## EXPERIENCE AND APTITUDE FORM

Studying Adventure Tourism at Gaspé is a challenge for several reasons. You need to demonstrate excellent skills in leadership, initiative, and organization, and the ability to live outdoors for periods up to 8 days at a time, often in poor weather conditions. Not to mention that you will probably live far from home.

We do not expect candidates to be able to fill in every box in this form. We do want to know how experienced you are, but what we truly expect is for our candidates to demonstrate why they should be part of the Adventure Tourism program : leadership skills, interest for the outdoors and level of maturity.

Please fill out this form with as much detailed information as you feel is necessary, for us to understand the experience and aptitudes of each candidate for the program.

*In italics, you will find examples of answers to help you fill out the form.*

Name: \_\_\_\_\_

Student ID number: \_\_\_\_\_

Date: \_\_\_\_\_

1. Outdoor experience:

- a. Please describe the sports and outdoor activities that you participate in regularly.

Activity	Frequency	Level
<p><i>Example : Soccer</i></p> <ul style="list-style-type: none"> <li>- <i>Competitive soccer team “the grenades”</i></li> <li>- <i>Part of a mixed team from grade 7 to grade 11</i></li> </ul>	<p><i>2h per week</i></p>	<p><i>intermediate</i></p>

- b. Please list the courses you have taken in outdoor skills or camping:

Course	Level	Year
<p><i>Example : Canoe 101</i></p> <ul style="list-style-type: none"> <li>- <i>Canoeing techniques</i></li> <li>- <i>First aid basics</i></li> </ul>	<p><i>Beginner</i></p>	<p><i>2017</i></p>

- c. Please list any camping trips or expeditions you have been on; include activities, the season and length (camp outings are accepted):

Outing	Season	Length
<i>Example : Camp Wanapitei – pioneers</i> - <i>Hiking through Ontario with other teenagers</i> - <i>Backpacking organization</i>	<i>Summer</i>	<i>2 weeks</i>

- d. Please list certificates you have from sports or outdoor associations or federations (ex : canoe, first aid, ski instructor, CPR, etc.)

Certificate	Level	Year
<i>Example : volleyball coaching class</i>		<i>2018</i>

2. Living in a group/teamwork/leadership

- a. Have you ever lived as a member of a group for several weeks at a time?  
Briefly describe your experience:

- b. Please describe any situations you have experienced that were challenging in terms of leadership or teamwork. (E.g. sports teams, committees, clubs, volunteer work, etc.):

- i. What was your leadership role in these situations?

3. Trips, self-sufficient living, organisation

- a. Describe any trips you have taken, either alone or as part of a group  
(location, length of stay, year, goal):

Location	Goal	Length of stay	Year
<i>Example : Camp Bellefeuille</i>	<i>Canoe and hiking trip around the lake</i>	<i>4 days</i>	<i>2019</i>

b. Have you ever lived in a self-sufficient way (responsible for your own budget, cooking, personal organisation, etc.)? Why, when and for how long?

c. What strategies do you use to be well organised, punctual and to meet deadlines?

4. Getting to know you!

a. What are you passionate about?

b. How would you describe yourself?

c. How would your teachers describe you?

d. How would your best friends describe you?

e. Why do you think you would be an excellent candidate for the Adventure Tourism program?

f. Anything else we should know?

END OF DOCUMENT

Thanks! Please send the following documents to SRACQ by March 1:

1. Experience/aptitude form (include your name and student ID number),
2. Medical examination certificate,
3. Risk assumption/consent form